



Medical Genetics and Metabolism

Consultation and Referral Information



Our team treats patients from birth through the age of 21 for any suspected or confirmed genetic conditions, but adult patients may be seen for specific diagnoses. Appropriate referrals include, but are not limited to, the following: major or constellation of minor birth defects, unexplained growth patterns and skeletal changes, dysmorphic features, developmental delay, metabolic disorders, evidence of a connective tissue disorder, congenital eye defects and/or vision loss, syndromic hearing loss, chromosome abnormalities and family history of a known genetic syndrome. The Genetic Counseling Clinic is also available for any patients with a genetic condition confirmed by a genetic test, an adult being treated for a genetic condition, or patients who have a confirmed family history of a genetic condition.

[Meet Our Team of Specialists and Get Directions to Our Offices](#)

<p>WHAT</p>	<p>work-up is needed prior to an appointment?</p>	<p>After referring your patient, please send their growth charts and any metabolic and/or genetic testing, including DNA based testing and/or a chromosomal microarray or blood chromosome analysis, with them for their appointment. Documents can also be faxed to (757) 668-9724 after a referral is made. An evaluation by Ophthalmology and Cardiology is recommended in cases of possible connective tissue disorder.</p>
<p>WHEN</p>	<p>will my patient be able to obtain an appointment?</p>	<p>Your patient will first be evaluated by one of our genetic counselors and will then be scheduled as soon as possible.</p>
<p>WHERE</p>	<p>will my patient be seen?</p>	<p>The Medical Genetics and Metabolism office is located at CHKD (Norfolk) on the second floor.</p>
<p>HOW</p>	<p>can I refer my patient to the Medical Genetics and Metabolism Clinic?</p>	<p>Non-Urgent Referrals (Providers): (757) 668-9723 Urgent Consultations (Providers): (757) 668-9999 (Doctor's Direct)</p>