



Sleep Medicine

Consultation and Referral Information



Our team consults and treats patients from birth through the age of 21 in the Center for Pediatric Sleep Medicine. We see patients for a variety of sleep related issues, such as snoring, sleep apnea, excessive sleepiness, behavioral sleep problems, insomnia, narcolepsy, restless legs syndrome, and sleep issues in patients with special needs.

[Meet Our Team of Specialists and Get Directions to Our Offices](#)

<p>WHAT</p>	<p>work-up is needed prior to an appointment?</p>	<p>No prior work-up is needed, but sleep questionnaires are mailed to all patients prior to their appointment.</p>
<p>WHEN</p>	<p>will my patient be able to obtain an appointment?</p>	<p>Your patient's estimated wait time for an appointment is approximately 2 weeks, but could vary depending on location.</p>
<p>WHERE</p>	<p>will my patient be seen?</p>	<p>Sleep Medicine offices are located at CHKD (Norfolk), Oakbrooke (Chesapeake), and Oyster Point (Newport News).</p>
<p>HOW</p>	<p>can I refer my patient to Sleep Medicine Clinic?</p>	<p>Urgent Consultations (Providers): (757) 668-9999 (Doctor's Direct) Non-Urgent Referrals (Providers): (757) 668-9466 Fax (Providers): (757) 668-7198 Scheduling (Families): (757) 668-9466</p>